



Bridge Nepal Treks & Travels

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Shey Phoksundo Lake Jeep / Bike Tour + Trek Adventure | Adventure activities in Nepal | Bridge Nepal

Price	1400.00
Duration	24
Location	Nepal

Tour Overview

Tour Overview : of Shey Phoksundo Lake Jeep / Bike + Trek Adventure

This 15 Nights / 16 Days Shey Phoksundo Lake Jeep / Bike + Trek Adventure is designed for travellers who want to reach the Dolpo region by road as much as practically possible and then complete the final protected-area section on foot. It is not a full vehicle tour to the lake. The road journey can reach the Dunai, Juphal or Suligad side depending on current road condition, while the final approach to Chhepka, Ringmo Village and Shey Phoksundo Lake must be completed by trekking.

The journey begins from Kathmandu and follows the southern highway towards Butwal / Bhalubang, Surkhet and Jajarkot before entering the remote Bheri Corridor and Dolpa road section. The road becomes increasingly rough after Jajarkot, with narrow mountain tracks, river-side sections, dust, mud, landslide areas and limited repair facilities.

From Dunai or Suligad, the trek follows the Suli Gad river valley through forests, waterfalls, suspension bridges, remote settlements and gradual climbs to Ringmo Village and the turquoise waters of Shey Phoksundo Lake. This package is ideal for adventurous groups, but clients must understand that the journey involves long riding days, remote roads, basic accommodation and trekking inside a protected national park.

DIFFICULTY EXPLANATION

Road Difficulty Moderate to challenging. The highway section is manageable, but Jajarkot-Dolpa road sections can be rough, narrow, dusty, muddy and landslide-prone.

Trekking Difficulty :Moderate. The trek involves 5-7 hours walking on most days, river valley trails, forest paths, suspension bridges and climbs towards Ringmo / Phoksundo.

Altitude Difficulty : Moderate. The highest overnight is around the Ringmo / Phoksundo area above 3,600m, so slow pace and hydration are important.

Accommodation Difficulty : Basic in Dolpa and trekking sections. Clients should expect simple teahouses, limited rooms and basic toilet facilities.

Communication Difficulty : Mobile network and internet may be weak or unavailable in several sections.

Weather Difficulty : Rain, snow, landslides or road damage may affect the journey. Flexibility is essential.

REQUIRED PERMITS AND DOCUMENTS

- Shey Phoksundo National Park entry permit
- Lower Dolpo restricted area permit for foreign travellers, where applicable
- TIMS or local trekking documentation if required by latest regulation
- Original passport / citizenship and photocopies
- Driving license for riders
- Vehicle bluebook, insurance and tax clearance documents
- Travel insurance with emergency evacuation coverage
- Passport-size photographs for permit processing if required

RECOMMENDED PACKING LIST

- Strong trekking shoes and comfortable riding shoes
- Warm jacket, fleece, thermal innerwear and windproof layer
- Rain jacket, waterproof bag cover and quick-dry clothes
- Helmet, riding gloves, knee guard and protective riding jacket for bike groups

- Sleeping bag suitable for cold nights, especially in trekking section
- Water bottle, purification tablets or filter
- Headlamp, power bank and spare batteries
- Personal medicine, basic first aid, ORS and blister care
- Sunscreen, sunglasses, cap and lip balm
- Snacks, energy bars and light dry food
- Extra fuel jerrycan for motorcycle groups where permitted and safe
- Basic bike tools, spare tube, puncture kit and chain lubricant

IMPORTANT NOTES

- This is not a direct vehicle tour to Shey Phoksundo Lake. The final section must be completed by trekking.
- Road access to Dunai / Suligad / Juphal side depends on current road condition and season.
- The itinerary may change due to landslides, rain, snow, road construction, permit checks or local restrictions.
- Avoid riding or driving after dark, especially after Surkhet and Jajarkot.
- Motorcycle riders should be experienced in rough hill roads and remote conditions.
- 4WD jeep with good ground clearance is strongly recommended for vehicle groups.
- Accommodation in Dolpa and trekking sections is basic and should not be compared with city hotels.
- Carry enough cash because ATMs and digital payment may not work in remote areas.
- Clients should carry personal medicine and inform the guide about medical conditions in advance.
- An extra buffer day is recommended before international departure from Kathmandu.

Trip Highlights

- Overland adventure from Kathmandu to remote Dolpo region by jeep or motorcycle
- Scenic journey through Butwal, Surkhet, Jajarkot, and the rugged Bheri Corridor
- Experience rough Himalayan roads, river valleys, and remote mountain settlements
- Trek through the beautiful Suli Gad Valley with pine forests, waterfalls, and suspension bridges
- Visit Ringmo Village, known for Tibetan-influenced culture and ancient Bon tradition
- Explore the stunning Shey Phoksundo Lake, one of Nepal's most beautiful alpine lakes
- Visit ancient Bon Monastery and enjoy peaceful lakeside viewpoints
- Well-balanced itinerary with proper acclimatization and road buffer days for safety
- Suitable for experienced riders, 4WD expedition groups, and adventure travelers

- Organized by Bridge Nepal Treks & Travels, a government-registered trekking and tour company in Nepal, ensuring safe, professional, and reliable service throughout the journey

Detailed Itinerary

DAY 1: ARRIVAL IN KATHMANDU AND TRIP PREPARATION

Welcome to Nepal! Upon arrival at Tribhuvan International Airport in Kathmandu, a representative from Bridge Nepal Treks & Travels will warmly welcome you and transfer you to your hotel. After check-in and some rest, attend a comprehensive trip briefing covering road conditions, trekking plans, permits, safety measures, weather considerations, packing requirements, and emergency procedures.

For motorcycle groups, this day is also dedicated to bike inspection, gear checks, spare parts preparation, fuel planning, and document verification to ensure a safe and smooth adventure ahead.

Activities:

- Airport pickup and hotel transfer
- Welcome briefing and route discussion
- Permit and document verification
- Motorcycle and equipment inspection
- Final shopping and preparation
- Meet your guide and support tea

DAY 2: KATHMANDU - MUGLING - NARAYANGHAT - BUTWAL

After breakfast, begin your exciting overland journey toward western Nepal. Leaving the Kathmandu Valley behind, the route follows the winding Trishuli River through scenic hills, bustling roadside towns, and beautiful countryside landscapes. As you travel further west, the terrain gradually changes from mountain valleys to the fertile plains of the Terai region. Along the way, enjoy stunning river views, local villages, and authentic glimpses of daily life in Nepal. By evening, arrive in Butwal and relax after a rewarding day on the road.

Activities:

- Early morning departure from Kathmandu
- Scenic ride along the Trishuli River
- Tea break at Mugling
- Lunch stop at Narayanghat
- Continue towards Butwal
- Evening vehicle inspection and rest

Drive/Ride Distance: Approx. 275 km

Drive/Ride Time: 8-9 Hours

Drive/Ride Route: Kathmandu – Naubise – Mugling – Narayanghat – Butwal

Night Stay: Butwal

DAY 3: BUTWAL - KOHALPUR - SURKHET

Today's journey takes you across the vast plains of western Nepal before gradually entering the hills again. The route passes through several important towns, forests, agricultural landscapes, and local settlements. As the road heads north toward Surkhet Valley, the scenery becomes greener and more mountainous. Surkhet serves as the gateway to Nepal's remote western Himalayan region and is the last major city before entering more isolated areas. Upon arrival, enjoy some rest and prepare for the adventurous days ahead.

Activities:

- Breakfast and departure
- Ride through western Terai landscapes
- Lunch near Kohalpur
- Fuel and maintenance stop
- Enter Surkhet Valley
- Evening preparation and briefing

Drive/Ride Distance: Approx. 315 km

Drive/Ride Time: 8-9 Hours

Drive/Ride Route: Butwal – Lamahi – Kohalpur – Birendranagar (Surkhet)

Night Stay: Surkhet

DAY 4: SURKHET - JAJARKOT

After breakfast, leave Surkhet and head toward the remote hills of western Nepal. The road becomes narrower and more adventurous, winding through mountain ridges, deep valleys, forests, and traditional villages. This section offers spectacular views and a true taste of rural Nepal. As you travel deeper into the mountains, traffic decreases and the feeling of remoteness increases. Arrive in Jajarkot in the evening and enjoy the peaceful surroundings of this historic hill district.

Activities:

- Early morning departure
- Ride through scenic mountain roads
- Explore remote hill landscapes

- Lunch at a local bazaar
- Enjoy valley and ridge views
- Overnight in Jajarkot

Drive/Ride Distance: Approx. 210 km

Drive/Ride Time: 7-8 Hours

Drive/Ride Route: Surkhet – Chhinchu – Rukum Corridor – Jajarkot

Night Stay: Jajarkot

DAY 5: JAJARKOT - DUNAI / SULIGAD

Today is one of the most adventurous and challenging road journeys of the expedition. The route follows rough mountain tracks, narrow roads, and remote valleys leading toward the Dolpo region. Travelers will experience dramatic landscapes, river gorges, and some of Nepal's most isolated mountain settlements. Road conditions can vary depending on weather and seasonal factors, making flexibility important. By evening, reach the Dunai or Suligad area and prepare for the upcoming trekking section.

Activities:

- Early departure from Jajarkot
- Ride through remote Bheri Corridor
- Navigate rough mountain roads
- Lunch at a local stop
- Enter the Dolpo region
- Reach Dunai or Suligad area

Drive/Ride Distance: Approx. 165 km

Drive/Ride Time: 8-10 Hours

Drive/Ride Route: Jajarkot – Tripurakot – Dunai – Suligad

Night Stay: Dunai / Suligad

DAY 6: ACCLIMATIZATION, PERMITS AND TREK PREPARATION

This day is reserved for preparation, acclimatization, and flexibility in case of road delays. It allows the team to complete permit formalities, organize trekking equipment, and coordinate with guides and porters. Travelers can also take a short walk around the local area to adjust to the surroundings and enjoy the peaceful atmosphere of Dolpo. Motorcycles or vehicles will be securely parked before beginning the trek. The remainder of the day can be spent resting and preparing for the adventure ahead.

Activities:

- National Park permit verification
- Guide and porter coordination
- Secure vehicle parking
- Short acclimatization walk
- Equipment organization
- Trek preparation and briefing

Drive/Ride Distance: Local movement only

Drive/Ride Time: 2-4 Hours of light activity

Drive/Ride Route: Dunai – Suligad Local Area

Night Stay: Dunai / Suligad

DAY 7: TREK SULIGAD - CHHEPKA

After breakfast, begin the trekking section of the adventure. The trail follows the beautiful Suli Gad River through dense forests, suspension bridges, and peaceful mountain landscapes. Along the way, you will encounter small settlements and enjoy the natural beauty of Shey Phoksundo National Park. The gradual ascent makes for an enjoyable introduction to trekking in Dolpo. Reach Chhepka by afternoon and spend the night in a local teahouse.

Activities:

- Begin trekking adventure
- Walk along the Suli Gad River
- Cross suspension bridges
- Pass through forest trails
- Enjoy mountain scenery
- Overnight at Chhepka

Trek Distance: Trek 12 km

Trek Time: 5-6 Hours Walking

Trek Route: Suligad – Chhepka

Night Stay: Chhepka

DAY 8: TREK CHHEPKA - RECHI / JHARANA

Today's trail continues deeper into the national park through beautiful pine forests and scenic river valleys. The route offers impressive views of waterfalls, rocky cliffs, and untouched wilderness. Several ascents and descents

make the trek moderately challenging, but the spectacular scenery keeps the journey rewarding. The peaceful surroundings provide a true wilderness experience. Overnight at Rechi, Jharana, or a nearby settlement depending on lodge availability.

Activities:

- Trek through pine forests
- Enjoy waterfall views
- Walk beside mountain rivers
- Lunch on the trail
- Observe local wildlife and nature
- Overnight at Rechi/Jharana

Trek Distance: Trek 13 km

Trek Time: 5-7 Hours Walking

Trek Route: Chhepka - Rechi/Jharana

Night Stay: Rechi / Jharana

DAY 9: TREK RECHI - RINGMO - SHEY PHOKSUNDO LAKE

This is one of the most memorable days of the entire journey. The trail gradually climbs toward the beautiful Ringmo Village and the breathtaking Shey Phoksundo Lake. As you gain elevation, stunning views of waterfalls, dramatic cliffs, and turquoise waters begin to appear. The first sight of Nepal's deepest lake is truly unforgettable. Upon arrival, relax and enjoy the tranquil atmosphere surrounding the lake.

Activities:

- Trek toward Ringmo Village
- View Phoksundo Waterfall
- Explore traditional settlements
- Reach Shey Phoksundo Lake
- Photography and sightseeing
- Evening relaxation by the lake

Trek Distance: Trek 10 km

Trek Time: 5-6 Hours Walking

Trek Route: Rechi - Ringmo - Shey Phoksundo Lake

Night Stay: Shey Phoksundo Lake

DAY 10: FULL DAY EXPLORATION OF SHEY PHOKSUNDO LAKE

Today is dedicated to exploring the breathtaking beauty of Shey Phoksundo Lake and its surrounding cultural and natural attractions. Spend a peaceful day admiring the crystal-clear turquoise waters, dramatic cliffs, and snow-capped mountain scenery. You will have time to visit the traditional Ringmo Village and explore the ancient Bon Monastery, one of the oldest spiritual traditions in the Himalayas. This rest day also helps with acclimatization while allowing you to fully experience the beauty of Dolpo. Enjoy photography, short walks, and unforgettable moments beside Nepal's deepest lake.

Activities:

- Sunrise photography around the lake
- Explore Ringmo Village
- Visit the ancient Bon Monastery
- Short lakeside hiking and sightseeing
- Cultural interaction with local people
- Rest and acclimatization

Trek Distance: Local exploration (3-5 km)

Trek Time: 2-4 Hours

Trek Route: Shey Phoksundo Lake - Ringmo Village - Bon Monastery - Lake Area

Night Stay: Shey Phoksundo Lake

DAY 11: TREK SHEY PHOKSUNDO LAKE - RINGMO - CHHEPKA

After enjoying a final morning view of the magnificent lake, begin the return trek toward Chhepka. The trail follows the same scenic route through Ringmo Village, forests, waterfalls, and the beautiful Suli Gad Valley. Although most of the trail is downhill, the long walking distance requires good stamina and a steady pace. Along the way, enjoy one last opportunity to admire the pristine landscapes of Shey Phoksundo National Park. Arrive in Chhepka by late afternoon and rest at a local teahouse.

Activities:

- Morning views of Shey Phoksundo Lake
- Descend through Ringmo Village
- Walk through forests and river valleys
- Lunch on the trail
- Enjoy waterfall and mountain scenery
- Overnight at Chhepka

Trek Distance: Approx. 20 km

Trek Time: 7-8 Hours

Trek Route: Shey Phoksundo Lake – Ringmo – Rechi – Chhepka

Night Stay: Chhepka

DAY 12: TREK CHHEPKA - SULIGAD / DUNAI AND VEHICLE COLLECTION

After breakfast, continue the final trekking section back to Suligad and Dunai. The trail follows the beautiful river valley through forests and small settlements, providing a pleasant conclusion to the trekking portion of the journey. Upon reaching the road access point, collect the parked motorcycles or support vehicles and complete any necessary park exit formalities. The afternoon is reserved for vehicle inspection, refueling, and rest before beginning the overland return journey. Enjoy a relaxing evening after completing the trek successfully.

Activities:

- Breakfast at the teahouse
- Final trek through Suli Gad Valley
- Exit Shey Phoksundo National Park
- Collect motorcycles and vehicles
- Vehicle inspection and refueling
- Rest and preparation for return ride

Trek Distance: Approx. 12 km

Trek Time: 4-5 Hours

Trek Route: Chhepka – Suligad – Dunai

Night Stay: Dunai / Suligad

DAY 13: DUNAI / SULIGAD - JAJARKOT - SURKHET

Today marks the beginning of the return overland adventure. Leaving Dolpo behind, ride through rugged mountain roads, remote valleys, and dramatic landscapes once again. The challenging road conditions require patience and careful riding, but the scenery makes every kilometer worthwhile. Depending on road conditions and group progress, the journey continues toward Surkhet through Jajarkot. Arrive in the evening and enjoy a well-deserved rest.

Activities:

- Early morning departure
- Ride through remote mountain roads
- Cross river valleys and hill sections

- Lunch at a local settlement
- Fuel and maintenance checks
- Evening arrival in Surkhet

Drive/Ride Distance: Approx. 360 km

Drive/Ride Time: 10–11 Hours

Drive/Ride Route: Dunai – Tripurakot – Jajarkot – Surkhet

Night Stay: Surkhet

DAY 14: SURKHET - KOHALPUR - BUTWAL

After breakfast, continue the return journey through western Nepal. The road gradually improves as you leave the mountain region and enter the Terai plains. Enjoy comfortable riding through forests, agricultural fields, and lively highway towns. Several refreshment and fuel stops are made along the way to ensure a comfortable journey. Reach Butwal in the evening and enjoy a relaxing final night on the road.

Activities:

- Breakfast and departure
- Ride through western Terai landscapes
- Fuel and refreshment stops
- Lunch en route
- Scenic highway journey
- Evening relaxation in Butwal

Drive/Ride Distance: Approx. 315 km

Drive/Ride Time: 8–9 Hours

Drive/Ride Route: Surkhet – Kohalpur – Lamahi – Butwal

Night Stay: Butwal

DAY 15: BUTWAL - KATHMANDU

After breakfast, begin the final journey back to Kathmandu. The route follows the East-West Highway before climbing through the scenic hills along the Trishuli River corridor. Enjoy the final views of Nepal's diverse landscapes as you travel from the plains back into the mountains. Upon arrival in Kathmandu, the adventure concludes with unforgettable memories of the remote Dolpo region, Ringmo Village, and the spectacular Shey Phoksundo Lake. Depending on your travel schedule, you can either depart or spend an additional night in Kathmandu.

Activities:

- Breakfast at hotel
- Final highway ride toward Kathmandu
- Scenic drive along Trishuli River
- Lunch stop at Mugling
- Arrival in Kathmandu
- Trip completion and farewell program

Drive/Ride Distance: Approx. 275 km

Drive/Ride Time: 7-8 Hours

Drive/Ride Route: Butwal – Narayanghat – Mugling – Kathmandu

Night Stay: Kathmandu

DAY 16: FINAL DEPARTURE FROM KATHMANDU

After breakfast, enjoy your final moments in Nepal at leisure. Depending on your flight schedule, you may have time for some last-minute shopping, a short walk around the city, or simply relaxing at your hotel. This marks the end of your unforgettable Shey Phoksundo Lake Overland Trek and Adventure, a journey filled with spectacular Himalayan landscapes, remote mountain roads, rich local culture, and memorable trekking experiences.

A representative from Bridge Nepal Treks & Travels will transfer you to Tribhuvan International Airport for your onward flight. As you leave Nepal, take with you wonderful memories of the beautiful Shey Phoksundo Lake, Ringmo Village, and the untouched wilderness of Dolpo. We wish you a safe journey and look forward to welcoming you back to Nepal in the future.

Activities:

- Breakfast at the hotel
- Free time for relaxation or shopping
- Hotel check-out
- Airport transfer assistance
- Farewell from the Bridge Nepal Treks & Travels team
- Departure with lots of Beautiful memories from Nepal

Included Services

- Airport pickup and drop service in private vehicle
- Hotel accommodation in Kathmandu (as per itinerary)
- All overland transportation (jeep / motorcycle support / vehicle as per package)

- Jeep and Bike fuel Expenses through Tour
- Required trekking permits and national park entry fees
- Experienced licensed trekking guide and ride Leader throughout the trip
- Full-board meals (breakfast, lunch, dinner) during trekking section
- Teahouse/lodge accommodation during trekking days
- Support vehicle or backup arrangement (as per group size and package)
- First aid medical kit carried by guide team
- Staff insurance, guide and porter wages
- All government taxes and company service charges
- Trip briefing and complete pre-departure support from Bridge Nepal Treks & Travels

Excluded Services

- International flight tickets to and from Nepal and Nepal entry visa fees
- Personal expenses such as drinks, snacks, laundry, and phone calls
- Travel insurance (mandatory and must cover trekking and emergency evacuation)
- Tips for guide, porter, and driver (expected but not compulsory)
- Emergency rescue or evacuation costs if required
- Any services not mentioned in the "Included" section

Fixed Departure Dates

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Frequently Asked Questions

Q: Where is Shey Phoksundo Lake located?

Shey Phoksundo Lake is located in Dolpa District of western Nepal inside the protected area of Shey Phoksundo National Park. It is Nepal's deepest lake and is famous for its stunning turquoise-blue water, dramatic cliffs, waterfalls, and pristine mountain scenery.

Q: 2. How difficult is the Shey Phoksundo Lake Overland Trek & Adventure?

This trip is moderately challenging. The road journey includes long driving or riding days on rough mountain roads, while the trekking section involves several days of walking at moderate altitude. Basic fitness and an adventurous spirit are highly recommended.

Q: What is the maximum altitude reached during this trip?

The highest overnight point is 3,611 meters (11,847 feet) at Shey Phoksundo Lake.

Q: Do I need previous trekking experience?

Previous trekking experience is helpful but not mandatory. Anyone with good health, basic fitness, and determination can successfully complete this adventure with proper preparation.

Q: Is previous motorcycle touring experience required?

For motorcycle participants, previous long-distance riding experience on mountain roads is strongly recommended. The route includes rough roads, gravel sections, and remote terrain.

Q: What type of accommodation is available during the trip?

Accommodation includes comfortable hotels in Kathmandu and major towns, while simple teahouses and local lodges are used during the trekking section and remote mountain areas.

Q: What meals are provided during the trek?

During the trekking days, breakfast, lunch, and dinner are generally included. In cities and highway towns, meals are provided according to the package arrangement selected by the traveler.

Q: When is the best time to visit Shey Phoksundo Lake?

The best seasons are spring (March to May) and autumn (September to November). These months offer stable weather, clear mountain views, and comfortable trekking conditions.

Q: Do I need special permits for this trip?

Yes. Travelers require permits to enter the protected areas and national park regions. Bridge Nepal Treks & Travels arranges all necessary permits before the journey begins.

Q: Is altitude sickness a concern on this trip?

Although the altitude is moderate compared to many Himalayan treks, some travelers may experience mild symptoms. Proper hydration, gradual ascent, and following your guide's advice help minimize risks.

Q: Can beginners join this trek?

Yes. Physically fit beginners can join. Our experienced team provides guidance, support, and careful itinerary planning to ensure a safe and enjoyable experience.

Q: Are guides mandatory for this trek?

We highly recommend trekking with professional guides for safety, navigation, cultural interpretation, and logistical support. Bridge Nepal Treks & Travels provides experienced local guides familiar with the Dolpo region.

Q: Is there mobile network coverage during the trip?

Mobile coverage is available in some towns and villages, but connectivity becomes limited or unavailable in several remote sections of Dolpo. Travelers should be prepared for periods without network access.

Q: Is internet available during the trek?

Internet service is limited and unreliable in remote areas. Some lodges may offer basic internet services, but connections can be slow and weather dependent.

Q: What kind of vehicles are used for the overland journey?

Depending on group size and package type, we use well-maintained private jeeps, support vehicles, or motorcycles suitable for Nepal's mountain roads and remote conditions.

Q: What should I pack for this trip?

Essential items include warm clothing, trekking boots, rain protection, personal medications, sunglasses, sunscreen, water bottles, trekking poles, and a comfortable daypack. Bridge Nepal Treks & Travels provides a detailed packing list before departure.

Q: Are there ATM facilities along the route?

ATM services are available in Kathmandu and some larger towns. However, there are no reliable ATM facilities in many remote areas of Dolpo, so carrying sufficient cash is important.

Q: Is drinking water available during the trek?

Yes, drinking water is available throughout the trek. We recommend using water purification tablets, filters, or purchasing boiled drinking water at lodges whenever possible.

Q: What happens if roads are blocked due to weather or landslides?

Mountain roads in western Nepal can occasionally be affected by weather conditions. Our itinerary includes flexible buffer days, and our team will adjust the schedule when necessary to prioritize safety.

Q: Is travel insurance required?

Yes. We strongly recommend comprehensive travel insurance that covers trekking, medical treatment, emergency evacuation, and adventure activities in remote regions.

Q: Can solo travelers join this trip?

Absolutely. Solo travelers are welcome to join our scheduled departures or request a private customized trip according to their preferences.

Q: Is Shey Phoksundo Lake suitable for photography?

Yes. The lake is one of Nepal's most photogenic destinations, offering spectacular opportunities for landscape photography, cultural photography, wildlife observation, and sunrise or sunset photography.

Q: What makes this trip different from other treks in Nepal?

This adventure combines an exciting overland journey through remote western Nepal with a beautiful trek to one of the country's most spectacular lakes. Travelers experience mountain roads, traditional villages, unique Bon culture, and untouched Himalayan landscapes rarely visited by mass tourism.

Q: How safe is this trek and overland adventure?

Safety is our highest priority. Bridge Nepal Treks & Travels uses experienced guides, carefully planned itineraries, reliable vehicles, and continuous monitoring of weather and road conditions throughout the journey.

Q: Why choose Bridge Nepal Treks & Travels for this adventure?

Bridge Nepal Treks & Travels specializes in authentic Himalayan adventures across Nepal. Our experienced local team provides professional guides, personalized service, quality logistics, reliable transportation, permit

management, and 24/7 support. We are committed to delivering safe, memorable, and meaningful travel experiences while promoting responsible and sustainable tourism in Nepal.

Q: How can I book this tour and what are the payment methods?

You can simply book this tour by contacting Bridge Nepal Treks & Travels via WhatsApp, email, or directly from our office. After confirming your travel dates and package, your booking will be secured with a small advance payment.

We offer flexible payment options for your convenience, including bank transfer and cash on arrival in Nepal. Our team will provide full booking confirmation and support once your reservation is made.

Bridge Nepal Treks & Travels is a government-registered company in Nepal, ensuring safe, trusted, and professional travel services.

Trip Information

- About The Trek
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Bridge Nepal Treks & Travels
www.bridgenepaltreksandtravels.com

