



Bridge Nepal Treks & Travels

Ananda Bhairab Marg, Naxal, Kathmandu

Phone: +977 9802397328 | +977 9851425260

Email: info@bridgenepaltreksandtravels.com

Website: www.bridgenepaltreksandtravels.com

Mardi Himal Trek : 5Nights/6Days

Price	550.00
Duration	24
Location	Nepal

Tour Overview

Mardi Himal Trek Overview

The Mardi Himal Trek is one of the best short trekking adventures in Nepal, located in the beautiful Annapurna region. This hidden Himalayan trail offers spectacular mountain scenery, peaceful forest paths, traditional villages, and an unforgettable trekking experience close to nature.

The trek is perfect for travelers looking for a less crowded trekking route with stunning views of Machhapuchhre (Fishtail), Annapurna South, Hiunchuli, and Mardi Himal. The journey combines natural beauty, cultural experiences, and peaceful mountain landscapes within a short trekking duration.

Bridge Nepal Treks and Travels offers professionally guided Mardi Himal Trek packages with experienced local guides, comfortable accommodations, and personalized trekking services for a memorable Himalayan adventure.

Journey Description

The Mardi Himal Trek journey begins from Pokhara with a short drive to the trekking starting point at Kande or Phedi. The trail gradually ascends through dense rhododendron forests, peaceful ridges, and beautiful mountain villages.

Trekkers pass through scenic places such as Forest Camp, Low Camp, High Camp, and Mardi Himal Base Camp while enjoying breathtaking Himalayan panoramas throughout the journey.

One of the major highlights of the trek is the close-up sunrise and mountain views from Mardi Himal Base Camp. The peaceful trail, fresh mountain air, and dramatic Himalayan landscapes create an unforgettable trekking experience in Nepal.

The trek then descends through beautiful forest trails and traditional villages before returning to Pokhara.

Connection with Nature on Mardi Himal Trek

The Mardi Himal Trek provides a deep connection with nature and the peaceful Himalayan environment. The trail passes through dense rhododendron forests, alpine landscapes, mountain ridges, and untouched natural surroundings.

Trekkers can enjoy spectacular sunrise views, fresh mountain air, colorful forests during spring, and panoramic views of the Annapurna mountain range.

Unlike crowded trekking routes, Mardi Himal offers quiet trails and peaceful trekking experiences where travelers can truly relax and reconnect with nature.

The trek is ideal for nature lovers, photographers, and adventure seekers who want to explore the hidden beauty of the Annapurna region.

Cultural Connection During the Trek

The Mardi Himal Trek also offers meaningful cultural experiences with the local Gurung and Magar communities living in the Annapurna region.

Trekkers pass through traditional villages where they can observe local lifestyles, mountain farming culture, Buddhist traditions, prayer flags, and warm Nepalese hospitality.

Local tea houses provide opportunities to enjoy authentic Nepalese food and interact with friendly mountain communities. These cultural encounters help travelers better understand the traditions and daily life of Himalayan people.

The combination of natural beauty and local culture makes the Mardi Himal Trek one of the most rewarding short treks in Nepal.

Why Mardi Himal Trek is So Special ?

Spectacular close-up views of Machhapuchhre (Fishtail Mountain)

Stunning panoramas of Annapurna South, Hiunchuli, and Mardi Himal

Peaceful and less crowded trekking trails

Beautiful rhododendron forests and alpine landscapes

Perfect short trek in the Annapurna region

Beginner-friendly trekking route suitable for all age groups

Incredible sunrise views from High Camp and Base Camp

Authentic Gurung and Magar cultural experiences

Fresh mountain air and peaceful natural surroundings

Ideal combination of adventure, nature, and culture

Comfortable tea house trekking experience

Excellent trek for solo travelers, couples, families, and groups

Great opportunity for photography and nature exploration

One of the best hidden gem treks in Nepal

Suitable for travelers looking for a short Himalayan trekking adventure

Is Mardi Himal Trek Safe?

Yes, the Mardi Himal Trek is considered a safe trekking route in Nepal. The trail is suitable for beginners with moderate physical fitness and does not require technical climbing skills.

Bridge Nepal Treks and Travels prioritizes safety by providing:

Experienced licensed trekking guides

Proper trekking briefing

Safe accommodation arrangements

Emergency support services

First aid assistance

Responsible trekking management

The altitude is manageable for most trekkers, and our guides carefully monitor the trekking pace to ensure a safe and comfortable experience.

Essential Gear for Mardi Himal Trek

Proper trekking equipment is important for a safe and comfortable journey in the Himalayas.

Essential Trekking Gear List

- * Trekking backpack
- * Comfortable trekking boots
- * Warm down jacket
- * Waterproof rain jacket
- * Trekking pants
- * Thermal clothing
- * Gloves and woolen hat
- * Sunglasses and sunscreen
- * Water bottle
- * Trekking poles

* Headlamp or flashlight

* Personal medications and toiletries

Bridge Nepal Treks and Travels will also assist trekkers with trekking preparation and gear recommendations before the trek.

Why Choose Bridge Nepal Treks and Travels?

Bridge Nepal Treks and Travels is committed to providing safe, professional, and memorable trekking experiences in Nepal. Our experienced local team focuses on customer satisfaction, cultural experiences, eco-friendly tourism, and personalized service.

We provide:

* Experienced local trekking guides

* Affordable trekking packages

* Professional trekking management

* Comfortable accommodations

* Flexible itineraries

* Authentic Nepal travel experiences

Join Bridge Nepal Treks and Travels for the beautiful Mardi Himal Trek and explore the peaceful Himalayan beauty of Nepal.

Trip Highlights

- Stunning close-up views of Machhapuchhre (Fishtail Mountain)
- Beautiful Annapurna Himalayan panoramas
- Peaceful and less crowded trekking route
- Rhododendron forests and alpine landscapes
- Beginner-friendly short Himalayan trek
- Spectacular sunrise from Mardi Himal Viewpoint
- Perfect balance of adventure, nature, and culture

Detailed Itinerary

Day 1: Scenic Drive from Kathmandu to Pokhara (820m)

Beautiful Himalayan Journey

Your Mardi Himal adventure begins with a scenic drive from Kathmandu to Pokhara along the famous Prithvi Highway. The route follows the Trishuli and Marsyangdi rivers, offering beautiful views of green hills, terraced farms, riverside villages, and distant Himalayan peaks.

Relaxing Lakeside Experience

Upon arrival in Pokhara, check into your comfortable lakeside hotel near Phewa Lake. Enjoy the peaceful atmosphere, stunning reflections of Machhapuchhre (Fishtail Mountain), and a relaxing evening in Nepal's beautiful tourist city.

Travel Duration : 6-7 Hours Drive

Meals : Breakfast & Lunch

Accommodation : Hotel in Pokhara

Day 2: Drive to Kande & Trek to Pittam Deurali (2,100m)

Start of the Trekking Adventure

After breakfast, enjoy a short scenic drive to Kande, the starting point of the Mardi Himal Trek. The trail gradually ascends through beautiful forests, stone staircases, and traditional Gurung villages.

Stunning Mountain Views

Pass through the famous Australian Camp viewpoint, offering panoramic views of Annapurna South, Machhapuchhre, and Hiunchuli mountains before reaching Pittam Deurali.

Trek Duration: 4-5 Hours

Meals: Breakfast, Lunch & Dinner

Accommodation: Tea House / Lodge

Day 3: Trek from Pittam Deurali to Low Camp (2,970m)

Rhododendron Forest Experience

Today's trail takes you deeper into peaceful rhododendron and oak forests. During spring, the colorful rhododendron blooms create one of the most beautiful trekking landscapes in Nepal.

Peaceful Himalayan Environment

As you continue climbing, enjoy fresh mountain air, bird songs, and increasing mountain views through the forest trail. Low Camp offers peaceful surroundings and close-up views of Machhapuchhre.

Trek Duration: 5-6 Hours

Meals: Breakfast, Lunch & Dinner

Accommodation: Tea House / Lodge

Day 4: Trek to High Camp (3,550m)

Enter the Alpine Himalayan Region

The trail gradually climbs above the tree line into alpine landscapes and open ridges. The scenery becomes more dramatic with breathtaking Himalayan panoramas throughout the route.

Spectacular Annapurna Mountain Views

Enjoy unforgettable views of Machhapuchhre, Annapurna South, Hiunchuli, and Mardi Himal from High Camp. The peaceful mountain atmosphere and sunset over the Himalayas make this day truly special.

Trek Duration : 6-7 Hours

Meals : Breakfast,Lunch & Dinner

Accommodation : Tea House / Lodge

Day 5: Sunrise at Mardi Himal Viewpoint (4,200m) & Trek to Siding Village

Magical Himalayan Sunrise

Wake up early for the most exciting part of the trek — the sunrise hike to Mardi Himal Viewpoint. Witness golden sunrise views over Machhapuchhre, Annapurna range, and surrounding snow-capped peaks.

Cultural Village Experience

After enjoying the spectacular mountain scenery, descend through forests and ridges to the beautiful traditional village of Siding. Experience authentic Gurung culture and warm local hospitality.

Trek Duration: 8-9 Hours

Meals: Breakfast, Lunch & Dinner

Accommodation: Local Lodge / Homestay

Day 6: Drive from Siding to Pokhara

Scenic Return Journey

After breakfast, enjoy a scenic drive back to Pokhara through beautiful hillside villages and terraced farmlands.

Relax & Celebrate Your Trek

Spend your free time exploring Lakeside Pokhara, boating on Phewa Lake, shopping for souvenirs, or relaxing

after your successful Himalayan adventure.

Drive Duration 2–3 Hours

Meals: Breakfast

Accommodation: Hotel in Pokhara

Included Services

- Airport pick-up and drop-off services
- Kathmandu to Pokhara tourist bus transportation
- Pokhara to trekking starting point transportation
- Return transportation from trek ending point
- Comfortable hotel accommodation in Pokhara
- Standard accommodation during the trek
- Daily Breakfast, Lunch, and Dinner during the trek
- Tea / Coffee during Trek and Seasonal fruits after dinner
- Energy snacks during trekking
- Annapurna Conservation Area Permit (ACAP) and TIMS Card (Trekking Information Management System)
- Experienced Government licensed, English speaking trekking guide
- Trekking completion certificate
- first aid support and basic medicine if necessary

Excluded Services

- International flight tickets and Nepal entry visa fees
- Wi-Fi, hot shower, and charging fees during trek
- Personal travel insurance, expenses and beverages
- Tips for guides and porters

Fixed Departure Dates

- ||

Frequently Asked Questions

Q: Is Mardi Himal Trek suitable for beginners?

Yes, this trek is ideal for beginners with basic fitness. The trail is well-marked and does not require technical climbing skills.

Q: Do I need prior trekking experience?

No prior trekking experience is required. However, regular walking or light hiking preparation is recommended.

Q: How difficult is the Mardi Himal Trek?

It is considered a moderate trek. Daily walking ranges from 4-7 hours depending on the itinerary and pace.

Q: What is the highest altitude of this trek?

The maximum elevation is 4,500 meters at the Mardi Base Camp and Mardi Himal Viewpoint altitude is 4,200 meters

Q: Is altitude sickness a serious concern?

The risk is low compared to other high-altitude treks, but proper acclimatization, hydration, and a steady pace are important.

Q: Are hot showers and Wi-Fi available on the trail?

Yes, in most tea houses, but they are available at an extra cost and may not be reliable at higher altitudes.

Q: What meals are provided during the trek?

You will receive freshly prepared meals including Nepali, Asian, and basic international dishes such as dal bhat, noodles, pasta, different soups, and others different dishes

Q: Can vegetarians or vegans join this trek?

Yes, vegetarian options are widely available throughout the route. Vegan meals can also be arranged with prior notice.

Q: Can I do this trek solo?

Yes, solo trekking is possible, but traveling with a guide or group ensures better safety and support.

Q: What permits are required for Mardi Himal Trek?

You need the Annapurna Conservation Area Permit (ACAP) and TIMS card, both included in our package.

Q: How physically fit should I be?

A moderate level of fitness is sufficient. Regular walking, light jogging, or stair climbing preparation is helpful.

Q: What happens in case of emergency?

Your guide will coordinate immediate assistance. Emergency evacuation can be arranged if necessary.

Q: Can I customize the itinerary?

Yes, the itinerary can be fully customized based on your time, budget, and preference.

Q: How large are the group sizes?

Group size depends on booking preference. We offer both private and group departures.

Trip Information

- About The Trek

