



## Bridge Nepal Treks & Travels

Ananda Bhairab Marg, Naxal, Kathmandu

Phone: +977 9802397328 | +977 9851425260

Email: info@bridgenepaltreksandtravels.com

Website: www.bridgenepaltreksandtravels.com

# Lower Everest - Peaky Peak Trek : 9Nights and 10 Days | Everest View Trek in Nepal with guide

<b>Price</b>	1100.00
<b>Duration</b>	24
<b>Location</b>	Nepal

## Tour Overview

### Trek Overview of Lower Everest - Peaky Peak Trek

This complete 9 Nights / 10 Days Lower Everest / Pikey Peak Trek package includes arrival day, Kathmandu sightseeing, trekking days, return to Kathmandu and final departure day. It is a beautiful short trekking journey in the Solukhumbu region of Nepal, designed for travellers who want panoramic Everest views, Sherpa villages, peaceful trails, monasteries, forests and traditional Himalayan culture without following the busier classic Everest Base Camp route.

The journey begins in Kathmandu with arrival, sightseeing and preparation before a scenic drive to Dhap Bazaar. From Dhap, the trek gradually enters the Lower Everest landscape through Jhapre, Pikey Base Camp and the famous sunrise viewpoint of Pikey Peak at 4,065m.

Pikey Peak is one of the finest viewpoints in the lower Everest region. On a clear morning, trekkers can enjoy a wide Himalayan panorama including Everest, Lhotse, Makalu, Kanchenjunga, Numbur Himal and other surrounding peaks. After the summit viewpoint, the trail descends towards Junbesi, a beautiful Sherpa village known for Buddhist culture and peaceful surroundings.

The trek continues through Taksindu and finally reaches Phaplu, from where travellers fly back to Kathmandu. This itinerary is ideal for guests who want a rewarding Everest-view trek with moderate walking days, rich culture and less crowded trails.

## **PACKAGE DURATION CLARIFICATION**

This is a complete 9 Nights / 10 Days package including Day 01 arrival in Kathmandu and Day 10 final departure. The package is designed as a ready-to-sell programme covering airport arrival assistance, Kathmandu hotel stay, sightseeing, trekking days, return to Kathmandu and final airport transfer.

### **WHY THIS ROUTE IS BEST**

This route is one of the best short trekking options in the Lower Everest region because it gives a strong combination of mountain views, Sherpa culture, forest trails and monastery visits within a manageable 10-day programme.

The route avoids the heavy crowd of the main Everest Base Camp trail while still providing excellent views of Mount Everest from Pikey Peak. It is also suitable for travellers who have limited time but want a real trekking experience in the Everest region.

The best trekking route is: Kathmandu → Dhap Bazaar → Jhapre → Pikey Base Camp → Pikey Peak → Junbesi → Taksindu → Phaplu → Kathmandu.

This route is practical, scenic and culturally rich because it follows traditional walking trails through the lower Solukhumbu villages and ends at Phaplu for a convenient return flight to Kathmandu.

## **WHY CHOOSE BRIDGE NEPAL TREKS & TRAVELS?**

Bridge Nepal Treks & Travels offers carefully designed trekking and travel experiences in Nepal for travellers who want safety, comfort, local culture and memorable mountain views. With reliable guides, flexible planning, local coordination and personal service, we make your Lower Everest / Pikey Peak Trek smooth, safe and meaningful.

## **IMPORTANT NOTES**

- This is a moderate short trek in the Lower Everest region and is suitable for trekkers with normal fitness.
- The highest point of the trek is Pikey Peak at 4,065m. Trekkers should walk slowly and stay hydrated.
- Pikey Base Camp and Pikey Peak can be cold, especially early in the morning. Warm clothing is necessary.
- Mountain views depend on weather conditions and cannot be guaranteed.
- The Phaplu to Kathmandu flight is subject to weather, airline schedule and operational conditions.
- Road conditions from Kathmandu to Dhap Bazaar may vary depending on season and maintenance.
- A buffer day is recommended for international travellers due to possible mountain flight delays.
- The itinerary can be customized based on group fitness, hotel category, flight availability and available time.

## **PACKING LIST**

- Comfortable trekking shoes

- Light backpack / day pack
- Reusable water bottle
- Warm jacket for morning and evening
- Fleece or thermal layer
- Rain jacket / windproof jacket
- Trekking pants and comfortable walking clothes
- Sun hat or cap
- Woolen hat and gloves
- Sunglasses
- Sunscreen and lip balm
- Personal medicine
- Basic first-aid items
- Walking pole, optional
- Camera or mobile phone
- Power bank
- Personal snacks
- Headlamp or small torch

## Trip Highlights

- Kathmandu Valley sightseeing before the trek
- Scenic drive from Kathmandu to Dhap Bazaar through hills, riverside roads and countryside settlements
- Trek through quiet villages, forest trails, ridges and open pastureland
- Peaceful overnight stay at Jhapre with monastery and village atmosphere
- Walk to Pikey Base Camp, the main overnight stop below Pikey Peak
- Early morning hike to Pikey Peak 4,065m for sunrise and Everest panorama
- Clear-day views of Everest, Lhotse, Makalu, Kanchenjunga, Numbur Himal and surrounding peaks
- Descend to Junbesi, one of the most beautiful Sherpa villages in Solukhumbu
- Visit traditional Buddhist monasteries and experience Sherpa culture
- Trek through Taksindu and visit Taksindu Monastery
- Finish the trek at Phaplu and fly back to Kathmandu
- Less crowded alternative to the classic Everest Base Camp route

### ARRIVAL AT KATHMANDU AIRPORT - 1,300M

Upon arrival at Tribhuvan International Airport in Kathmandu, our representative will welcome you and transfer you to your hotel. After hotel check-in, you can rest and recover from your journey.

In the evening, there will be a short trek briefing. The guide will explain the trekking route, walking hours, altitude profile, packing list, safety guidelines and the next day's sightseeing programme.

Activities:

- Airport pickup and hotel transfer
- Welcome and assistance by company representative
- Short briefing about the Lower Everest / Pikey Peak Trek
- Free time for rest or short walk around the local market

Overnight Stay: Kathmandu

### KATHMANDU VALLEY SIGHTSEEING

After breakfast, begin a guided sightseeing tour of Kathmandu Valley. The sightseeing programme can include major cultural and spiritual sites such as Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Stupa and Kathmandu Durbar Square, depending on time and interest.

This day is also used for trek preparation. Travellers can check equipment, buy or rent missing trekking items and prepare personal bags for the drive to Dhap Bazaar the following morning.

Activities:

- Breakfast at hotel
- Guided sightseeing around Kathmandu Valley
- Visit UNESCO World Heritage Sites as per programme
- Final trek preparation and equipment check
- Evening leisure in Kathmandu

Overnight Stay: Kathmandu

### DRIVE FROM KATHMANDU TO DHAP BAZAAR - 2,850M

After an early breakfast, begin the scenic drive from Kathmandu to Dhap Bazaar. The route passes through highways, riverside sections, terraced fields, hill towns and rural settlements before entering the lower Solukhumbu region.

The drive is long but beautiful, offering changing landscapes from the Kathmandu Valley to the eastern hill region. Dhap Bazaar is the starting point of the trek and a practical overnight stop before walking towards

Jhapre.

Activities:

- Early breakfast in Kathmandu
- Scenic drive through countryside roads and hill landscapes
- Lunch stop en route
- Arrival at Dhap Bazaar by evening
- Trek briefing for the first walking day

Approx. Details: Approx. 7-9 hours drive | Altitude: 2,850m

Overnight Stay: Dhap Bazaar

### **TREK FROM DHAP BAZAAR TO JHAPRE - 2,920M**

Today is the first trekking day. After breakfast, the trail gradually moves through rural settlements, forested sections, open ridges and local farmland. The walking pace is comfortable and allows trekkers to adjust to the mountain environment.

As the trail approaches Jhapre, the views become wider and the village atmosphere becomes more peaceful. Jhapre is a traditional settlement with Buddhist influence, prayer flags and a monastery. On a clear day, distant Himalayan views may be visible.

Activities:

- Breakfast at Dhap Bazaar
- Begin trek towards Jhapre
- Walk through village trails, forest sections and open ridges
- Enjoy countryside views and peaceful trail atmosphere
- Arrive at Jhapre and visit the local monastery if time permits

Around 5 hours walk | Altitude: 2,920m

Overnight Stay: Jhapre

### **TREK FROM JHAPRE TO PIKEY BASE CAMP - 3,640M**

After breakfast, continue the trek towards Pikey Base Camp. The route passes through rhododendron forests, open grasslands, yak grazing areas and beautiful highland scenery. The landscape becomes more alpine as altitude increases.

Pikey Base Camp is the overnight stop below Pikey Peak. The evening is usually cold, so warm clothes are necessary. Trekkers should rest early because the next morning starts before sunrise for the hike to Pikey Peak viewpoint.

Activities:

- Breakfast at Jhapre
- Trek through forest trails and pastureland

- Enjoy views of hills, ridges and highland landscapes
- Arrive at Pikey Base Camp
- Early rest for next morning summit hike

Around 5-6 hours walk | Altitude: 3,640m

Overnight Stay: Pikey Base Camp

## **TREK FROM PIKEY BASE CAMP TO JUNBESI VIA PIKEY PEAK - 4,065M / 2,680M**

This is the most important day of the trek. Start very early in the morning and hike to the summit viewpoint of Pikey Peak at 4,065m. From the top, trekkers can enjoy one of the finest sunrise views in the Lower Everest region.

On a clear day, the panorama includes Mount Everest, Lhotse, Makalu, Kanchenjunga, Numbur Himal, Gaurishankar and many other peaks. After enjoying the views, descend gradually through forest trails and traditional settlements towards Junbesi.

Junbesi is one of the most beautiful Sherpa villages in Solukhumbu. It is known for its peaceful environment, Buddhist culture, traditional houses and nearby monasteries.

Activities:

- Pre-dawn hike to Pikey Peak viewpoint
- Sunrise and panoramic Himalayan views
- Descend from Pikey Peak after photography and rest
- Walk through forest and village trails
- Arrive at Junbesi and enjoy the Sherpa village atmosphere

Around 6-7 hours walk | Highest altitude: 4,065m | Sleeping altitude: 2,680m

Overnight Stay: Junbesi

## **TREK FROM JUNBESI TO TAKSINDU - 2,960M**

After breakfast, continue the trek from Junbesi towards Taksindu. The trail passes through scenic villages, terraced fields, forest sections, streams and traditional walking paths. The route provides a rich cultural experience of the lower Solukhumbu region.

Taksindu is known for Taksindu Monastery, a peaceful Buddhist monastery with cultural and spiritual importance. The village offers a calm overnight stop with beautiful hill surroundings.

Activities:

- Breakfast at Junbesi
- Trek through Sherpa villages and countryside trails
- Cross forest sections, bridges and terraced fields
- Arrive at Taksindu
- Visit Taksindu Monastery if time permits

Around 5–6 hours walk | Altitude: 2,960m

Overnight Stay: Taksindu

## **TREK FROM TAKSINDU TO PHAPLU - 2,459M**

Today is the final trekking day. After breakfast, descend gradually from Taksindu towards Phaplu. The trail passes through small villages, farmland, forest patches and peaceful countryside landscapes.

Phaplu is one of the main towns of the Solukhumbu region and has an airport, lodges, shops and basic facilities.

After arrival, check in at the lodge and enjoy the evening celebrating the completion of the trek.

Activities:

- Breakfast at Taksindu
- Final trekking section towards Phaplu
- Walk through villages and countryside trails
- Arrive at Phaplu by afternoon
- Rest and overnight near Phaplu airport area

Around 4–5 hours walk | Altitude: 2,459m

Overnight Stay: Phaplu

## **FLY FROM PHAPLU TO KATHMANDU**

After breakfast, take a morning flight from Phaplu to Kathmandu, subject to weather and flight operation. The short flight provides beautiful aerial views of hills and mountains.

Upon arrival in Kathmandu, transfer to the hotel. The rest of the day is free for rest, shopping, massage or personal activities. Mountain flights may be affected by weather, so a flexible schedule is recommended.

Activities:

- Breakfast in Phaplu
- Transfer to Phaplu airport
- Fly from Phaplu to Kathmandu
- Hotel transfer in Kathmandu
- Free time for rest, shopping or leisure

Details: Approx. 35–40 minutes flight | Altitude: 1,350m

Overnight Stay: Kathmandu

## **Included Services**

- Airport pickup on arrival day and airport drop on final departure day
- 3 nights hotel accommodation in Kathmandu as per package category (Day 01, Day 02 and Day 09)
- Kathmandu Valley sightseeing arrangement on Day 02

- Private vehicle transfer from Kathmandu to Dhap Bazaar
- Experienced trekking guide
- Accommodation during the trek in local lodges / tea houses
- Basic trekking briefing before departure
- Route planning and local coordination
- Assistance during the trek
- Phaplu to Kathmandu domestic flight as per itinerary
- First aid Kit carried by Guide
- 24/7 support from Bridge Nepal Treks & Travels

### Excluded Services

- International airfare and Nepal visa fee
- Personal expenses and Beverages
- Travel insurance
- Porter service unless included in the package
- Any service not clearly mentioned in the included section

### Fixed Departure Dates

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### Frequently Asked Questions

**Q: Does the package include arrival and departure days?**

Yes. This is a complete 9 Nights / 10 Days package including Day 01 arrival in Kathmandu and Day 10 final departure with airport transfer arrangements as per itinerary.

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**Q: Is this the main Everest Base Camp trek?**

No. This is the Lower Everest / Pikey Peak Trek. It does not go to the main Everest Base Camp. It is a shorter and less crowded Everest-view trek in the lower Solukhumbu region.

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**Q: Can we see Mount Everest from this trek?**

Yes. Mount Everest can be seen from Pikey Peak on a clear day. The viewpoint is famous for wide Himalayan panorama including Everest and other major peaks.

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**Q: What is the maximum altitude of the trek?**

The maximum altitude is Pikey Peak at 4,065m.

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**Q: Is this trek suitable for beginners?**

Yes, beginners with normal fitness can do this trek. However, trekkers should be prepared for several walking days and one early morning hike to Pikey Peak.

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**Q: How many days is this itinerary?**

This itinerary is designed for 9 Nights / 10 Days and clearly includes arrival day, Kathmandu sightseeing day, trekking days, return flight to Kathmandu and final departure day.

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**Q: What is the total trekking distance by foot?**

The approximate trekking distance by foot is around 60 km. This does not include the drive from Kathmandu to Dhap Bazaar or the flight from Phaplu to Kathmandu.

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**Q: Which is the longest trekking day?**

The trek from Pikey Base Camp to Junbesi via Pikey Peak is the longest and most important walking day.

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**Q: Which day is the most difficult?**

Day 06 is the most difficult because it starts before sunrise, reaches Pikey Peak at 4,065m and then descends towards Junbesi.

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**Q: Do we need previous trekking experience?**

Previous trekking experience is helpful but not compulsory. Basic fitness, comfortable walking ability and proper preparation are enough for most travellers.

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**Q: Is altitude sickness a risk on this trek?**

The risk is lower than high-altitude treks, but trekkers still reach above 4,000m. Walking slowly, drinking enough water and avoiding rushing are important.

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**Q: What is the best season for this trek?**

The best seasons are spring and autumn. March to May and September to December usually provide better weather, clearer skies and better mountain views.

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**Q: Can this trek be done in winter?**

Yes, it can be done in winter, but mornings and nights can be very cold, especially around Pikey Base Camp and Pikey Peak.

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**Q: Can this trek be done during monsoon?**

It is possible, but monsoon is not the best season. Trails may be muddy and slippery, and mountain views may be blocked by clouds.

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**Q: What kind of accommodation is available?**

Accommodation is usually in local lodges or tea houses during the trek. Kathmandu accommodation can be arranged as per package category.

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**Q: Are meals available during the trek?**

Yes, meals are available at local lodges and tea houses. Food options may be simple in remote sections but are generally suitable for trekkers.

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**Q: Is a porter required?**

A porter is not compulsory, but porter service is recommended for travellers who prefer to walk with only a small day bag.

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**Q: Is a guide necessary?**

A guide is strongly recommended for route navigation, safety, local coordination, cultural explanation and smooth lodge arrangements.

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**Q: How long is the drive from Kathmandu to Dhap Bazaar?**

The drive usually takes around 7-9 hours depending on road condition, traffic, weather and vehicle type.

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**Q: How long is the flight from Phaplu to Kathmandu?**

The flight usually takes around 35-40 minutes, subject to weather and airline operation.

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**Q: What happens if the Phaplu flight is cancelled?**

If the flight is cancelled due to weather or operational reasons, the itinerary require adjustment. Extra accommodation, transport or alternative arrangements may involve additional cost.

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**Q: Can we return by road instead of flying from Phaplu?**

Yes, a road return can be arranged, but it takes longer and depends on road condition. Flying is usually more convenient if flights are operating.

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**Q: What should I pack for this trek?**

Pack trekking shoes, warm clothes, rain jacket, sun protection, personal medicine, water bottle, power bank, gloves, hat and basic first-aid items.

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**Q: Is travel insurance required?**

Travel insurance is strongly recommended. It should cover medical issues, accidents, trip interruption and emergency transportation.

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**Q: Can the itinerary be customized?**

Yes, Bridge Nepal Treks & Travels can customize the itinerary based on group size, fitness level, accommodation preference, transport choice and available time.

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**Q: Why choose Bridge Nepal Treks & Travels for this trek?**

Bridge Nepal Treks & Travels provides local planning, reliable guides, flexible arrangements, route knowledge and personal support to make the journey safe, smooth and memorable.

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**Trip Information**

- About The Trek

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**Bridge Nepal Treks & Travels**  
[www.bridgenepaltreksandtravels.com](http://www.bridgenepaltreksandtravels.com)

