



Bridge Nepal Treks & Travels

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Kathmandu - Manang Valley Motorbike Tour: 9 Nights and 10 Days | Adventure bike tour in Nepal | Bridge Nepal Treks

Price	1600.00
Duration	9Nights/10Days
Location	Nepal

Tour Overview

Tour Overview of Kathmandu - Besisahar - Chame - Manang Valley Motorbike Tour

Experience one of Nepal's most spectacular Himalayan motorcycle adventures as you ride from the vibrant capital city of Kathmandu into the heart of the Annapurna region. This unforgettable journey takes you through winding mountain roads, deep river valleys, traditional villages, and breathtaking Himalayan landscapes to the legendary Manang Valley.

The adventure begins in Kathmandu and follows the scenic Marsyangdi River corridor through Besisahar and Chame, gradually ascending into the high mountain world of the Annapurna Conservation Area. Along the way, riders will pass lush forests,

dramatic waterfalls, suspension bridges, ancient monasteries, and charming Himalayan settlements rich in culture and tradition.

As the road climbs higher, the landscape transforms into a stunning alpine desert surrounded by some of the world's most magnificent peaks. The highlight of the journey is the beautiful Manang Valley, a remote Himalayan paradise nestled beneath Annapurna II, Annapurna III, Gangapurna, and Tilicho Peak. Here, travelers can experience the unique lifestyle of the mountain communities, visit ancient Buddhist monasteries, and enjoy breathtaking views of snow-capped mountains in every direction.

This motorbike tour is more than just a ride it is a journey through Nepal's natural beauty, cultural heritage, and Himalayan wilderness. Every twist of the road reveals new scenery, new experiences, and unforgettable moments that will stay with you long after the adventure ends.

Whether you are an experienced rider or simply seeking an extraordinary Himalayan road trip, this tour offers the perfect combination of adventure, culture, nature, and mountain exploration.

Trip Highlights

- Ride Royal Enfield motorcycles through the world-renowned Annapurna Circuit one of the greatest motorcycle routes on earth
- Observe authentic local cultures and daily life of the Gurung and Thakali communities in their traditional mountain villages
- Visit ancient Buddhist Gompas (monasteries) perched on dramatic cliffs and ridges throughout the Manang district
- Marvel at cascading waterfalls that line the route through the deep Marsyangdi River gorge
- Reach Tilicho Lake the highest lake in the world at 4,919 meters an iconic and unforgettable highlight
- Explore the remote Khangsar village, gateway to Tilicho and a window into traditional high-Himalayan life
- Experience the dramatic high-altitude landscape of Manang Valley framed by the Annapurna and Gangapurna massifs
- Ride through Pisang a classic Annapurna Circuit village with spectacular mountain panoramas and a revered monastery
- Enjoy the serene beauty of Shyange and the lower gorge before the return journey to Kathmandu
- Fully supported tour with expert guide, and 24/7 assistance from Bridge Nepal Treks & Travels

DAY 1: ARRIVAL IN KATHMANDU

Welcome to Nepal the roof of the world! Upon arriving at Tribhuvan International Airport, you will be warmly received by our Bridge Nepal Treks & Travels team and transferred to your hotel in central Kathmandu. After checking in and settling in, spend the afternoon exploring the vibrant and colorful lanes of Thamel Kathmandu's famous traveller's hub where ancient temples stand beside lively cafes, trekking shops, and street food stalls. In the evening, your guide will host a comprehensive pre-tour briefing covering the 10-day route, road conditions, riding tips, and safety protocols. Meet your Royal Enfield motorcycle and get comfortable tomorrow the adventure begins!

Activities:

- Airport pickup and private transfer to hotel in central Kathmandu
- Hotel check-in, rest, and freshening up
- Afternoon exploration of Thamel local culture, street life, and markets
- Optional visit to Pashupatinath Temple, Bouddhanath Stupa, or Swayambhunath (Monkey Temple)
- Evening tour briefing — route overview, safety guidelines, and Royal Enfield motorcycle familiarization
- Welcome dinner with the Bridge Nepal Treks & Travels team

Overnight Stay: Kathmandu (Hotel Pauwa / Kathmandu Boutique Hotel)

DAY 2: KATHMANDU TO BESISAHAR

Rise early, gear up, and leave the capital behind as the Annapurna Circuit adventure truly kicks off! The road heads northwest from Kathmandu, joining the Prithvi Highway along the Trishuli River gorge a spectacular warm-up stretch of twisting tarmac hemmed in by lush green hills and rushing white water. After a refreshment stop at Mugling, the route turns north towards Dumre and then follows the Marsyangdi River valley as it begins its dramatic climb into the hills. Besisahar the traditional gateway to the Annapurna Circuit is your stop for the night, a lively bazaar town humming with trekkers, traders, and mountain energy. Rest well and prepare for the roads ahead.

Activities:

- Early morning departure from Kathmandu on Royal Enfield motorcycles
- Scenic ride along the Prithvi Highway following the Trishuli River gorge
- Refreshment stop at Mugling famous for fresh river fish and sweet tea
- Turn north at Dumre enter the Marsyangdi River valley
- Views of terraced farmland, cascading streams, and forested hillsides

- Photo stops at scenic viewpoints along the route
- Arrive Besisahar explore the local bazaar and evening stroll

Ride Distance: Approx. 175 km

Ride Duration: 6–7 Hours

Route: Kathmandu → Mugling → Dumre → Besisahar

Overnight Stay: Besisahar (Guesthouse / Local Lodge)

DAY 3: BESISAHAR TO CHAME

Today the real high-altitude riding begins. The road north from Besisahar enters the Annapurna Conservation Area, following the rushing Marsyangdi River as it carves through a spectacular gorge flanked by steep forested cliffs. The route passes through traditional Gurung villages Bahundanda, Ngadi, Jagat offering captivating glimpses into the daily lives of mountain communities who have lived here for centuries. Waterfalls pour off the cliffsides as the valley narrows, the air cools, and the scenery grows wilder with every kilometer. The road surface becomes more adventurous through this section a true riding challenge and a thrilling experience. Arrive in Chame, the administrative headquarters of Manang District, nestled at 2,670 meters amid pine forests with dramatic mountain views.

Activities:

- Morning departure from Besisahar — enter Annapurna Conservation Area
- Riding through the Marsyangdi River gorge on adventurous mountain roads
- Pass through traditional Gurung villages — observe local rural culture
- Viewings of cascading waterfalls along the gorge cliffs
- Photo stops at scenic river bends and mountain viewpoints
- Brief stop at Tal a wide valley village at approx. 1,700 m elevation
- Arrive Chame (approx. 2,670 m) explore the town and hot spring
- Evening acclimatization walk in Chame

Ride Distance: Approx. 65 km

Ride Duration: 5–6 Hours

Route: Besisahar → Ngadi → Jagat → Tal → Dharapani → Timang → Chame

Overnight Stay: Chame (Guesthouse / Teahouse Lodge)

DAY 4: CHAME TO MANANG VALLEY

The ride from Chame to Manang Valley is widely regarded as one of the most breathtaking stretches of motorcycle road anywhere in the Himalayas. The route climbs steadily through dramatic pine forests and past towering rock walls before emerging into the awe-inspiring Paungda Danda rock face a sheer curved cliff over 1,500 meters high that leaves every rider speechless. The valley widens as you approach Pisang and then Manang, with the massive summits of Annapurna II, Annapurna III, Gangapurna, and Tilicho Peak forming a

staggering backdrop. The landscape is now unmistakably Tibetan in character — arid, dramatic, and deeply spiritual. Manang Village, at approximately 3,519 meters, is your base for the next two nights.

Activities:

- Morning departure from Chame through pine forest roads
- Dramatic ride past the Paungda Danda curved rock face — iconic viewpoint
- Views of Annapurna II (7,937 m) rising above the valley
- Pass through Lower Pisang and Upper Pisang villages
- Enter the wide, arid Manang Valley — panoramic Himalayan views
- Arrive Manang Village (approx. 3,519 m) — explore the main street
- Afternoon acclimatization walk to nearby viewpoint
- Visit the local monastery above Manang Village at sunset

Ride Distance: Approx. 35 km

Ride Duration: 3-4 Hours

Route: Chame → Bhratang → Dhukur Pokhari → Pisang → Braga → Manang

Overnight Stay: Manang Valley (Teahouse / Lodge)

DAY 5: FULL DAY IN MANANG — EXPLORATION AND VISIT TO KHANGSAR

A full rest and exploration day in Manang essential for acclimatization at this high altitude and an opportunity to truly soak in the extraordinary world of the high Annapurna. The morning begins with an excursion to Khangsar, a remote traditional village perched above the valley at around 3,734 meters and one of the main gateway settlements to the legendary Tilicho Lake — the highest lake in the world at approximately 4,919 meters. Khangsar offers a raw and authentic window into high-altitude Himalayan life, with ancient stone houses, prayer walls, and sweeping views across the valley to the Annapurna massif. Back in Manang, the afternoon is yours to explore the village Gompa (Buddhist monastery), engage with local Gurung and Manang-ba communities, and rest ahead of the days ahead.

Activities:

- Morning excursion to Khangsar Village (approx. 3,734 m) — gateway to Tilicho Lake, the highest lake in the world (approx. 4,919 m)
- Explore Khangsar — traditional stone houses, mani walls, and prayer flags
- Panoramic views of Tilicho Peak (7,134 m) and the Annapurna range
- Return to Manang for afternoon exploration
- Visit Manang's ancient Gompa (Buddhist monastery) — observe religious artifacts, butter lamps, and centuries-old wall paintings
- Interaction with local Gurung and Manang-ba communities
- Observe traditional daily life — herding, weaving, local trade
- Optional short hike to Gangapurna Lake (glacial lake) for views
- Evening storytelling, local food, and acclimatization rest

Ride Distance: Approx. 18 km (Round Trip)

Ride Duration: 1–2 Hours

Route: Manang → Khangsar Village → Manang

Overnight Stay: Manang Valley (Teahouse / Lodge)

DAY 6: MANANG TO PISANG

A shorter but deeply rewarding riding day as the route descends slightly back through the open Manang Valley towards the classic village of Pisang. Though the distance is modest, the scenery is extraordinary wide valley floors hemmed in by towering Himalayan giants, with the Marsyangdi River glittering below and ancient mani walls lining the route. Pisang itself is one of the most iconic and photographed villages on the entire Annapurna Circuit split into Lower Pisang along the main trail and Upper Pisang perched dramatically on a rocky promontory above. Upper Pisang rewards every rider who makes the steep climb with unobstructed panoramas of Annapurna II, Pisang Peak, and the entire valley stretching in both directions. Take your time here this is a village worth lingering in.

Activities:

- Morning departure from Manang scenic valley ride towards Pisang
- Ride past mani walls, chortens, and traditional stone villages
- Panoramic views of Annapurna II (7,937 m) and Pisang Peak (6,091 m)
- Arrive Lower Pisang — explore the main village and teahouses
- Ride or walk up to Upper Pisang dramatic clifftop position with unobstructed 360° mountain panoramas
- Visit Pisang's revered Gompa one of the oldest in the Manang District
- Afternoon photography, rest, and exploration in and around Pisang
- Sunset views over the Annapurna massif from Upper Pisang

Ride Distance: Approx. 18 km

Ride Duration: 1–2 Hours

Route: Manang → Braga → Upper Pisang → Lower Pisang

Overnight Stay: Pisang (Teahouse / Guesthouse)

DAY 7: PISANG TO SHYANGE

Today the route descends from the high-altitude drama of the Annapurna Circuit back into the deep Marsyangdi River gorge, riding down through Chame and into the increasingly lush and subtropical lower valleys. The change in landscape is remarkable — from the arid Tibetan plateau world of Manang and Pisang, the vegetation returns rapidly as altitude drops, with waterfalls reappearing along the cliffs and terraced fields replacing the rocky plateaus. Shyange, a quiet and scenic village nestled in the lower gorge at around 1,100 meters, is your stop for the night. The roar of the Marsyangdi River fills the air, prayer flags flutter over the village, and the mountains tower above in every direction.

Activities:

- Morning departure from Pisang descend through the Annapurna valley
- Pass back through Chame optional stop for hot spring refreshment
- Dramatic descent through the Marsyangdi River gorge
- Views of waterfalls cascading down the gorge cliffs
- Observe changing vegetation and landscape as altitude decreases
- Photo stops at river viewpoints and traditional bridge crossings
- Arrive Shyange (approx. 1,100 m) check in and evening stroll

Ride Distance: Approx. 85 km

Ride Duration: 6-7 Hours

Route: Pisang → Chame → Dharapani → Tal → Jagat → Syange

Overnight Stay: Shyange (Homestay / Guesthouse)

DAY 8: SHYANGE — REST DAY AND LOCAL EXPLORATION

A well-earned rest day in Shyange after the high-altitude exertions of the past several days. Shyange is a peaceful, welcoming village that rewards slow exploration a place where life moves at the gentle rhythm of the mountains. Spend the morning exploring the village itself, visiting its small local Gompa and interacting with the warm and hospitable residents. The surrounding area offers easy walks along the Marsyangdi riverbank, to nearby waterfalls, and through traditional farmland that feels a world away from Kathmandu. This day is designed for recovery, reflection, and a genuine appreciation of rural mountain life before the long return ride home begins.

Activities:

- Leisurely morning rest, recover, and soak in the tranquil atmosphere
- Guided village walk in and around Shyange local culture and daily life
- Visit the village Gompa and observe local Buddhist traditions
- Easy riverside walk along the Marsyangdi waterfalls and scenery
- Interact with local villagers observe traditional crafts and farming
- Optional short hike to a nearby viewpoint above the gorge
- Afternoon photography and relaxation by the river
- Group dinner and briefing for the final two days of the journey

Ride Distance: Approx. 10-15 km (Local Exploration)

Ride Duration: 1-2 Hours

Route: Shyange → Nearby Villages & Viewpoints → Shyange

Overnight Stay: Shyange (Homestay / Guesthouse)

DAY 9: SHYANGE TO KATHMANDU

Saddle up for the penultimate and longest riding day of the tour as the route descends all the way from the Marsyangdi gorge back to the Nepali capital. The road south retraces the early stages of the journey through Besisahar, Dumre, and Mugling before rejoining the Prithvi Highway along the Trishuli River for the final run into Kathmandu. It is a bittersweet ride the open mountain roads feel like old friends now, the landscapes have become familiar, and the rhythm of the Royal Enfield beneath you has become second nature. Arrive in Kathmandu by late afternoon, hand in the motorcycles, and spend the evening at leisure in Thamel a final dinner, a last walk through the evening markets, or simply a quiet moment to reflect on the incredible journey just completed.

Activities:

- Morning departure from Shyange final long descent through the gorge
- Ride south through Besisahar and the Marsyangdi valley
- Rejoin the Prithvi Highway at Dumre refreshment stop
- Refreshment break at Mugling on the return leg
- Scenic Trishuli River gorge ride final stretch to Kathmandu
- Photo stops at scenic viewpoints along the Prithvi Highway
- Arrive Kathmandu by late afternoon — hotel check-in
- Motorcycles handed back to the Bridge Nepal Treks & Travels team
- Evening free time in Thamel farewell shopping, dinner, and celebration

Overnight Stay: Kathmandu (Hotel Pauwa / Kathmandu Boutique Hotel)

Ride Distance: Approx. 190 km

Ride Duration: 7-8 Hours

Route: Shyange → Besisahar → Dumre → Mugling → Kathmandu

DAY 10: FINAL DAY AND DEPARTURE FROM NEPAL

Your Annapurna Circuit motorcycle adventure draws to a close. After a relaxed and leisurely breakfast at the hotel, spend your remaining hours in Kathmandu as you please a final visit to Bouddhanath Stupa, last-minute souvenir shopping in Thamel, or simply a quiet coffee while you replay the highlights of the past ten days in your mind. The roar of the Royal Enfield, the vastness of the Manang Valley, the shimmering Tilicho Lake, the ancient Gompas, the warmth of Gurung and Thakali hospitality Nepal leaves its mark on every rider who passes through. Our team will ensure your luggage is ready, check-out is smooth, and your airport transfer is perfectly timed. It has been an honour riding with you. Until next time Namaste!

Activities:

- Leisurely breakfast at the hotel
- Free time final sightseeing, temple visits, or souvenir shopping in Thamel or Asan Bazaar
- Optional visit to Bouddhanath Stupa or Swayambhunath for a final spiritual farewell to Nepal
- Hotel check-out with full assistance from the Bridge Nepal team
- Airport transfer at your scheduled departure time
- Warm farewell from the entire Bridge Nepal Treks & Travels team

- Depart Nepal carrying the memories of the Himalayas with you

Included Services

- Airport pickup and drop-off service
- Royal Enfield motorcycle hire throughout the tour
- Helmet, riding gloves, and basic riding gear
- Bike fuel expenses throughout the tour
- Experienced English-speaking motorcycle guide throughout the tour
- Backup support vehicle for luggage and emergencies
- Annapurna Conservation Area Permit (ACAP) and TIMS card
- 9 nights accommodation in hotels, teahouses, and lodges
- Daily breakfast at hotels and lodges
- Lunch and Dinner throughout the tour
- Khangsar village excursion and guided cultural walk in Manang
- Manang and Pisang Gumpa guided visits
- Shyange village guided walk and local cultural experience
- All government taxes and service charges
- 24/7 assistance from Bridge Nepal Treks & Travels throughout the tour

Excluded Services

- International airfare and Nepal visa fee
- Travel insurance (strongly recommended for all motorcycle tours)
- Tips for driver and guide
- Any services not mentioned in the included section

Fixed Departure Dates

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Frequently Asked Questions

Q: Do I need a motorcycle license for this tour?

Yes, a valid motorcycle license from your home country is required. International Driving Permits (IDP) are strongly recommended. Our team can advise on local requirements upon booking.

Q: What motorcycles are used on this tour?

We use well-maintained Royal Enfield motorcycles (350cc–500cc), perfectly suited for Nepal's mountain roads and high-altitude terrain. Pillion riding is also available upon request.

Q: How difficult is the riding on this tour?

This tour is rated Adventurous to Challenging. Roads range from paved national highways to rough mountain tracks and high-altitude gravel roads in the Manang and Pisang sections. Previous mountain riding or off-road experience is strongly recommended.

Q: What is the maximum altitude on this tour?

The Khangsar excursion reaches approximately 3,734 meters, with views towards Tilicho Lake at 4,919 meters. Manang Valley sits at approx. 3,519 meters. Acclimatization days are built into the itinerary to help riders adjust safely to the altitude.

Q: What are the best seasons for this tour?

The best seasons are:

- Spring (February – May): clear skies, wildflowers, warm days
- Autumn (September – December): excellent visibility, stable weather

The monsoon season (July–August) is generally avoided due to road conditions, though with proper guiding with Company like Bridge Nepal Treks and Travels can arrange safely Ride tour

Q: What is the significance of Tilicho Lake?

Tilicho Lake, at approximately 4,919 meters above sea level, is widely recognised as the highest lake in the world. It is sacred in Hindu and Buddhist traditions and sits beneath the towering Tilicho Peak (7,134 m) in the Manang District of the Annapurna Conservation Area.

Q: Who are the Gurung and Thakali people?

The Gurung are an indigenous Tibeto-Burman people of the mid-hills and lower Annapurna valleys, known for their rich cultural traditions and historical role as Gurkha soldiers. The Thakali are a trading community of the Kali Gandaki valley, renowned for their exceptional cuisine and hospitality. Both communities are encountered throughout this tour.

Q: Can I customize this itinerary?

Absolutely. Bridge Nepal Treks and Travels specializes in tailored journeys. Contact us to discuss custom departure dates, extended routes, alternative destinations, or the addition of a Tilicho Lake trekking day.

Q: What should I pack for this tour?

- Riding jacket and trousers (or hire from us)
 - Sturdy riding boots
 - Warm layers and a down jacket for Manang and Pisang nights
 - Windproof and waterproof outer layer
 - Sunscreen (high SPF), lip balm, and UV-protection sunglasses
 - Small day-pack for the Khangsar excursion
 - A full packing list is provided upon booking confirmation.
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Q: Why choose Bridge Nepal Treks and Travels?

We are a locally owned and operated company with deep roots in Nepali travel and adventure tourism. Our guides are passionate riders with intimate knowledge of every route on the Annapurna Circuit and beyond. We prioritize your safety, comfort, and authentic cultural experiences at every stage of the journey because Nepal deserves to be ridden properly, respectfully, and unforgettably

Trip Information

- About The Trek
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