



Bridge Nepal Treks & Travels

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Island Peak Expedition - 6189m | 15 Nights and 16 Days Package for Island Peak Expedition

Price	2000.00
Duration	15 Nights and 16 Days
Location	Nepal

Tour Overview

Island Peak Summit Expedition is one of Nepal's most rewarding Himalayan climbing adventures, combining the legendary Everest Base Camp trekking route with an exhilarating ascent of Island Peak (6,189m). Carefully designed for adventure seekers, this 16-day expedition offers the perfect introduction to high-altitude mountaineering while showcasing the breathtaking beauty, culture, and wilderness of the Khumbu region.

The journey begins in Kathmandu before a spectacular mountain flight to Lukla, the gateway to the Everest region. Trekking through picturesque Sherpa villages including Phakding, Namche Bazaar, Tengboche, Dingboche, and Chhukung, travelers experience authentic Himalayan culture, ancient Buddhist traditions, colorful prayer flags, centuries-old monasteries, and warm mountain hospitality. Along the route, trekkers enjoy unforgettable views of Mount Everest, Lhotse, Nuptse, Ama Dablam, Thamserku, Kongde Ri, Makalu, and countless snow-covered peaks that dominate the skyline.

As the expedition progresses deeper into Sagarmatha National Park, the landscapes transform from lush pine and rhododendron forests to dramatic glacial valleys, alpine meadows, and rugged high-altitude terrain. Acclimatization hikes in Namche Bazaar and Dingboche, combined with professional climbing training in Chhukung, ensure climbers are fully prepared for the summit challenge ahead.

The highlight of the expedition is the ascent of Island Peak, one of Nepal's most iconic trekking peaks. Reaching the summit rewards climbers with extraordinary panoramic views across the Everest region and a true sense of Himalayan achievement. Throughout the journey, guests enjoy carefully selected accommodations, experienced climbing guides, exceptional safety standards, and personalized service. This Island Peak Summit Expedition is the ultimate combination of Everest trekking, Sherpa culture, and Himalayan mountaineering adventure in Nepal.

Trip Highlights

- Experience the ultimate Himalayan adventure by combining the legendary Everest Base Camp Trek with the thrilling ascent of Island Peak (6,189m), Nepal's most popular trekking peak.
- Enjoy a spectacular mountain flight between Kathmandu and Lukla, offering breathtaking aerial views of the Everest region, deep valleys, dramatic ridgelines, and snow-covered Himalayan giants.
- Trek through the heart of the Khumbu region, passing authentic Sherpa villages including Phakding, Namche Bazaar, Tengboche, Dingboche, Lobuche, Gorakshep, and Chhukung.
- Stand at Everest Base Camp (5,364m), the world-famous gateway to Mount Everest expeditions and one of the most iconic trekking destinations on Earth.
- Witness sunrise from Kala Patthar (5,545m), the finest viewpoint in the Everest region, featuring unforgettable panoramic views of Mount Everest, Nuptse, Pumori, Lhotse, and surrounding Himalayan peaks.
- Summit Island Peak (6,189m) and enjoy a genuine Himalayan mountaineering experience with glacier travel, fixed rope climbing, and breathtaking 360-degree mountain vistas.
- Admire world-renowned Himalayan peaks including Everest, Lhotse, Nuptse, Ama Dablam, Makalu, Baruntse, Thamserku, Kangtega, Kongde Ri, Cholatse, and Island Peak throughout the journey.
- Explore Sagarmatha National Park, a UNESCO World Heritage Site known for its pristine alpine forests, glacial rivers, rare wildlife, and spectacular mountain landscapes.
- Visit Tengboche Monastery, the spiritual center of the Khumbu region, surrounded by magnificent Himalayan scenery and centuries-old Buddhist traditions.
- Experience authentic Sherpa culture, traditional mountain hospitality, ancient monasteries, prayer wheels, mani walls, and colorful prayer flags that define life in the Everest Himalayas.
- Follow the historic Everest expedition trail used by legendary climbers on their journeys toward the world's highest mountain.
- Cross dramatic suspension bridges suspended high above the turquoise waters of the Dudh Koshi River.
- Trek through diverse landscapes ranging from lush rhododendron forests and pine-covered hillsides to glacial moraines, alpine valleys, and rugged high-altitude terrain.
- Participate in professional climbing training and acclimatization sessions in Chhukung, building confidence and technical skills before the summit attempt.
- Discover the breathtaking Imja Valley, surrounded by towering ice-covered peaks and some of the most dramatic mountain scenery in Nepal.
- Enjoy spectacular views of Ama Dablam, often regarded as the most beautiful mountain in the Himalayas, from multiple viewpoints along the route.

- Stay in carefully selected mountain lodges and teahouses offering comfortable accommodation, warm hospitality, and stunning mountain views from every overnight stop.
- Benefit from expertly planned acclimatization days in Namche Bazaar and Dingboche, maximizing safety and increasing summit success rates.
- Capture extraordinary photography opportunities featuring glaciers, hanging icefalls, remote Himalayan settlements, Buddhist landmarks, and world-famous mountain panoramas.
- Celebrate a remarkable achievement by completing one of Nepal's most rewarding adventures, combining Everest Base Camp trekking with a successful Island Peak summit expedition.

Detailed Itinerary

Arrival in Kathmandu

Altitude: 1,400m

Distance: Airport Transfer

Duration: 30-45 Minutes Drive

Your Island Peak Summit Expedition begins with a warm welcome upon arrival in Kathmandu, the vibrant capital city of Nepal. A representative from Bridge Nepal Treks and Travels will greet you at Tribhuvan International Airport and transfer you to your luxury hotel in the heart of the city.

Kathmandu is a fascinating blend of ancient traditions and modern energy. The surrounding valley is home to centuries-old temples, UNESCO World Heritage Sites, colorful marketplaces, and bustling local life. Depending on your arrival time, you may stroll through the lively streets of Thamel, renowned for its trekking shops, cafés, and cultural atmosphere.

In the evening, meet your expedition leader for a comprehensive briefing about the Island Peak climbing itinerary, equipment check, weather conditions, and safety procedures. This session provides an excellent opportunity to understand the upcoming adventure and meet fellow climbers.

Although mountain views are limited from the city itself, clear weather occasionally reveals distant Himalayan peaks beyond the valley rim.

Accommodation: Premium Hotel in Kathmandu

Flight to Lukla and Trek to Phakding

Altitude: 2,610m

Distance: 8 km

Duration: 3-4 Hours Trek

An early morning mountain flight takes you to Lukla, widely considered one of the world's most spectacular Himalayan airstrips. During the flight, breathtaking aerial views of snow-capped peaks, deep valleys, and terraced hills create an unforgettable introduction to the Everest region.

Upon landing, the trek begins through charming Sherpa settlements adorned with colorful prayer flags and intricately carved mani stones. The trail gently descends through pine forests and cultivated farmland while following the crystal-clear Dudh Koshi River.

Passing villages such as Chheplung, Ghat, and Toktok, travelers encounter traditional Buddhist culture, spinning prayer wheels, and beautifully decorated monasteries. Towering peaks including Kusum Kanguru begin to dominate the horizon, offering a taste of the spectacular mountain scenery ahead.

The relaxed first day allows the body to gradually adjust to increasing altitude while immersing travelers in the unique atmosphere of the Khumbu region.

Accommodation: Comfortable Mountain Lodge in Phakding

Trek from Phakding to Namche Bazaar

Altitude: 3,440m

Distance: 10-11 km

Duration: 6-7 Hours

Today's journey leads deeper into Sagarmatha National Park, a UNESCO World Heritage Site renowned for its extraordinary biodiversity and Himalayan landscapes. The trail crosses a series of suspension bridges draped with colorful prayer flags high above the rushing Dudh Koshi River.

Villages including Monjo, Benkar, and Jorsalle provide opportunities to experience authentic Sherpa hospitality and mountain culture. Beyond Monjo, the route enters the protected national park area where forests of pine, rhododendron, and fir create a stunning natural setting.

The final ascent to Namche Bazaar is challenging but immensely rewarding. Along the climb, trekkers often catch their first glimpse of Mount Everest, accompanied by Lhotse and Nuptse rising dramatically above the valley.

Namche Bazaar appears like a natural amphitheater carved into the mountainside. As the commercial and cultural center of the Everest region, it offers vibrant markets, bakeries, cafés, and stunning mountain panoramas.

Accommodation: Premium Mountain Lodge in Namche Bazaar

Acclimatization Day in Namche Bazaar

Altitude: 3,440m - 3,880m

Distance: 5-6 km

Duration: 3-4 Hours Hiking

Acclimatization is essential for a successful Island Peak climbing expedition. Rather than resting completely, today includes a rewarding hike to higher elevations before returning to Namche Bazaar.

The route ascends to the famous Everest View Hotel, one of the highest luxury hotels in the world. Along the way, spectacular vistas unfold across Everest, Ama Dablam, Lhotse, Thamserku, and Kongde Ri.

The nearby village of Khumjung offers fascinating cultural experiences. Visitors can explore ancient monasteries, traditional Sherpa homes, and learn about local mountain traditions that have shaped life in the Himalayas for centuries.

This day significantly improves altitude adaptation while providing some of the finest panoramic viewpoints in the Khumbu region.

Accommodation: Premium Mountain Lodge in Namche Bazaar

Trek from Namche Bazaar to Tengboche

Altitude: 3,860m

Distance: 10 km

Duration: 5-6 Hours

One of the most scenic trekking days of the entire expedition unfolds today. The trail contours high above the Dudh Koshi Valley, delivering uninterrupted views of Everest, Lhotse, Nuptse, Ama Dablam, and Thamserku.

After passing Kyangjuma and Sanasa, the path descends to the river before climbing steadily through fragrant rhododendron forests toward Tengboche. During spring, these forests explode with vibrant blooms, transforming

the landscape into a colorful Himalayan paradise.

Tengboche Monastery, the spiritual heart of the Khumbu region, stands dramatically against the backdrop of Ama Dablam. This historic Buddhist monastery is renowned throughout Nepal and hosts important religious ceremonies attended by local communities.

Witnessing monks chanting prayers while snow-covered peaks surround the monastery creates one of the most memorable cultural experiences of the Everest region.

Accommodation: Mountain Lodge in Tengboche

Trek from Tengboche to Dingboche

Altitude: 4,410m

Distance: 11 km

Duration: 5-6 Hours

The trail descends through beautiful forests to Deboche before crossing the Imja Khola River. As the route climbs gradually through Pangboche, travelers enter a more rugged alpine environment where vegetation becomes increasingly sparse.

Pangboche is among the oldest Sherpa settlements in the region and home to an ancient monastery rich in local history and spiritual significance. Beyond the village, the landscape transforms dramatically into wide glacial valleys surrounded by towering Himalayan giants.

Ama Dablam dominates the skyline throughout the day, while Island Peak itself occasionally appears among surrounding ridges. The arrival in Dingboche reveals spectacular mountain scenery in every direction.

Stone-walled fields and traditional settlements highlight the remarkable resilience of local communities living at high altitude.

Accommodation: Mountain Lodge in Dingboche

Acclimatization Day in Dingboche

Altitude: 4,410m - 5,100m

Distance: 6 km

Duration: 4-5 Hours

Today's acclimatization hike ascends Nangkartshang Ridge, one of the finest viewpoints in the Everest region. The climb rewards trekkers with extraordinary panoramic views of Makalu, Lhotse, Ama Dablam, Island Peak, and countless surrounding Himalayan summits.

The high-altitude environment becomes increasingly dramatic, characterized by glacial valleys, rocky ridgelines, and pristine alpine terrain. This strategic acclimatization day significantly enhances the chances of a successful Island Peak summit.

Returning to Dingboche allows ample time for rest, hydration, and preparation for the higher elevations ahead.

Accommodation: Mountain Lodge in Dingboche

Trek from Dingboche to Chhukung

Altitude: 4,730m

Distance: 5 km

Duration: 3-4 Hours

A shorter trekking day brings the expedition into the heart of the Imja Valley. The route follows a gradual ascent through an increasingly rugged mountain landscape where glaciers and snow-covered peaks dominate the scenery.

Chhukung serves as the primary gateway for Island Peak expeditions. Surrounded by towering summits including Lhotse, Ama Dablam, Nuptse, Baruntse, and Island Peak itself, the village offers some of the most impressive mountain views in Nepal.

The peaceful atmosphere and spectacular setting make Chhukung an ideal location for final acclimatization and climbing preparations.

Accommodation: Mountain Lodge in Chhukung

Training and Acclimatization at Chhukung

Altitude: 4,730m

Distance: Training Excursions

Duration: 4-6 Hours

This critical preparation day focuses on mountaineering skills and technical training. Under the guidance of

experienced climbing leaders, participants practice rope techniques, fixed-line climbing, glacier travel, harness usage, and ice axe handling.

Nearby ridges and rocky slopes provide realistic conditions for refining climbing skills while remaining in a safe environment. The day also allows additional acclimatization and equipment checks.

Magnificent views of Island Peak's summit ridge help climbers visualize the upcoming ascent while gaining confidence in their technical abilities.

Accommodation: Mountain Lodge in Chhukung

Trek to Island Peak Base Camp

Altitude: 5,100m

Distance: 6 km

Duration: 4-5 Hours

The expedition leaves Chhukung and ascends toward Island Peak Base Camp through a rugged alpine landscape characterized by glacial moraines and rocky terrain.

As elevation increases, panoramic views become increasingly dramatic. Lhotse's immense south face towers overhead while Ama Dablam rises elegantly above surrounding valleys.

Base Camp sits beneath the striking summit pyramid of Island Peak, providing an inspiring setting for the final preparations. Climbers receive detailed summit briefings, review climbing procedures, and organize equipment for the early morning ascent.

Accommodation: Fully Equipped Expedition Tent Camp

Summit Island Peak and Return to Chhukung

Altitude: 6,189m

Distance: 12-14 km

Duration: 10-14 Hours

Summit day represents the highlight of the entire Island Peak Expedition. Beginning before dawn, climbers ascend under starlit skies toward the glacier. Fixed ropes assist progress across challenging sections as the route climbs steadily toward the summit ridge.

The final ascent delivers exhilarating mountaineering experiences combined with extraordinary Himalayan scenery. Upon reaching the summit of Island Peak, climbers are rewarded with breathtaking views extending across Everest, Lhotse, Makalu, Baruntse, Ama Dablam, and countless snow-covered peaks.

Standing atop one of Nepal's most iconic trekking peaks is a truly life-changing achievement.

After celebrating the summit, the team carefully descends back to Base Camp before continuing to Chhukung for a well-earned rest.

Accommodation: Mountain Lodge in Chhukung

Reserve and Safety Day

Altitude: Chhukung Region

Distance: Flexible

Duration: Flexible

This additional day is reserved for weather delays, acclimatization requirements, or summit contingency planning. Mountain conditions can change rapidly, and this reserve day greatly increases the likelihood of a successful summit.

If unused, participants can enjoy relaxation, photography, short exploration hikes, and additional appreciation of the spectacular Himalayan environment.

Accommodation: Mountain Lodge

Return Trek to Namche Bazaar

Altitude: 3,440m

Distance: 20 km

Duration: 7-8 Hours

The descent retraces the route through Dingboche, Pangboche, and Tengboche. Losing altitude brings increased oxygen levels and renewed energy while allowing travelers to revisit some of the most beautiful landscapes in the Everest region.

Views of Ama Dablam remain spectacular throughout the day, while forests gradually reappear as the trail descends toward Namche Bazaar.

Accommodation: Premium Mountain Lodge in Namche Bazaar

Trek from Namche Bazaar to Lukla

Altitude: 2,840m

Distance: 18 km

Duration: 6-7 Hours

The final trekking day follows the Dudh Koshi Valley through familiar Sherpa villages, suspension bridges, and forested trails. Travelers reflect upon their Island Peak summit achievement while enjoying the cultural richness of the Khumbu region one final time.

Arriving in Lukla marks the completion of an unforgettable Himalayan adventure.

Accommodation: Comfortable Mountain Lodge in Lukla

Fly to Kathmandu

Altitude: 1,400m

Distance: Flight

Duration: 35 Minutes

A scenic morning flight returns to Kathmandu. The dramatic transition from remote Himalayan wilderness to the vibrant capital highlights the extraordinary diversity of Nepal.

Upon arrival, enjoy free time for sightseeing, shopping, or relaxing after your successful Island Peak climbing expedition.

Accommodation: Premium Hotel in Kathmandu

Departure from Kathmandu with Traditional Nepali Cultural Farewell

Altitude: 1,400m

Distance: Airport Transfer

Duration: 30-45 Minutes Drive

After breakfast, enjoy a traditional Nepali farewell ceremony celebrating your successful journey through the Everest region and your summit of Island Peak. The experience reflects Nepal's renowned hospitality and cultural warmth.

Our team will transfer you to Tribhuvan International Airport for your onward flight, carrying unforgettable memories of Everest landscapes, Sherpa culture, and the remarkable achievement of standing atop Island Peak, one of Nepal's most sought-after trekking peaks.

Included Services

- Warm airport welcome upon arrival in Kathmandu and all private airport transfers throughout the expedition.
- Three nights of accommodation in a quality hotel in Kathmandu with breakfast, providing comfort before and after your Himalayan climbing adventure.
- Round-trip scenic domestic flights between Kathmandu and Lukla, offering spectacular aerial views of the Everest region and the Himalayan mountain range.
- Accommodation in carefully selected mountain lodges and teahouses throughout the trek, located in picturesque Sherpa villages with magnificent mountain views from every overnight stop.
- Fully equipped tented accommodation at Island Peak Base Camp during the climbing phase of the expedition.
- All standard meals during the trek and climbing period, including breakfast, lunch, and dinner, ensuring proper nutrition at high altitude.
- Fresh seasonal fruits, tea, coffee, and nutritious meals during the expedition whenever available.
- Experienced, government-licensed trekking guide with extensive knowledge of the Everest region, Sherpa culture, mountain safety, and local history.
- Professional Island Peak climbing guide with technical mountaineering expertise and summit experience.
- Dedicated porter service to carry the main trekking baggage, allowing guests to enjoy the trail comfortably.
- Island Peak Climbing Permit issued by the relevant climbing authorities.
- Sagarmatha National Park Permit required for entry into Nepal's most famous protected Himalayan region.
- Khumbu Pasang Lhamu Rural Municipality Entrance Permit.
- Comprehensive climbing orientation and practical training session at Chhukung before the summit attempt.
- Group climbing equipment including fixed ropes, safety ropes, and essential expedition gear required for summit operations.
- All staff wages, insurance, meals, accommodation, and transportation during the expedition.
- First-aid medical kit carried by the expedition team throughout the journey.
- Government taxes, tourism service charges, and official expedition documentation.
- Traditional Nepali cultural farewell before departure from Kathmandu.

Excluded Services

- International airfare to and from Nepal.
- Nepal entry visa fees and visa processing charges.

- Travel insurance covering high-altitude trekking, peak climbing, helicopter evacuation, medical emergencies
- Lunch and dinner in Kathmandu before and after the expedition.
- Personal expenses
- Tips and gratuities for guides, climbing guides, porters, and support staff.
- Any services, activities, or facilities not specifically mentioned in the "What's Included" section.

Fixed Departure Dates

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Frequently Asked Questions

Q: What is the Island Peak Summit Expedition?

The Island Peak Summit Expedition is a thrilling Himalayan climbing adventure that combines trekking through Nepal's famous Everest region with a guided ascent of Island Peak (6,189m), one of the most popular trekking peaks in Nepal.

Q: Where is Island Peak located?

Island Peak, locally known as Imja Tse, is situated in the Everest region within Sagarmatha National Park, surrounded by Everest, Lhotse, Ama Dablam, Baruntse, and Makalu.

Q: Is prior climbing experience necessary?

Previous climbing experience is helpful but not mandatory. Professional climbing training is provided at Chhukung before the summit attempt.

Q: What is the highest altitude reached during the expedition?

The highest point is the summit of Island Peak at 6,189 meters (20,305 feet).

Q: What is the best season for the Island Peak Expedition?

Spring (March to May) and autumn (September to November) offer the best weather, stable climbing conditions, clear skies, and spectacular mountain views.

Q: How long is the Island Peak Summit Expedition?

This itinerary is a 16-day adventure, including arrival and departure days, acclimatization, climbing preparation, summit day, and reserve time.

Q: Why is a reserve day included?

The reserve day provides flexibility for weather changes, acclimatization needs, or unforeseen mountain conditions, increasing summit success rates

Q: What mountains can be seen during the expedition?

The route offers incredible views of Mount Everest, Lhotse, Nuptse, Ama Dablam, Makalu, Baruntse, Thamserku, Kongde Ri, Kangtega, Cholatse, and numerous Himalayan peaks.

Q: What is the accommodation like during the trek?

Accommodation includes comfortable mountain lodges and teahouses with stunning mountain views throughout the route, along with a fully equipped tented camp at Island Peak Base Camp.

Q: Are private rooms available?

Private rooms may be available in Kathmandu and lower-altitude lodges, subject to availability. Twin-sharing accommodation is standard during the trek.

Q: What meals are provided?

Most lodges offer a variety of meals including Nepali, Tibetan, Sherpa, and international dishes such as rice, noodles, soups, potatoes, vegetables, pasta, and breakfast options.

Q: Is drinking water available?

Safe drinking water is available throughout the trek through boiled water, purification tablets, filtered water, or bottled water where available.

Q: How physically fit should I be?

Participants should maintain good cardiovascular fitness and be comfortable walking 5-8 hours daily on mountainous terrain.

Q: What type of training is recommended?

Regular hiking, stair climbing, running, cycling, strength training, and endurance exercises are highly recommended before the expedition.

Q: How is acclimatization managed?

The itinerary includes dedicated acclimatization days in Namche Bazaar and Dingboche, along with gradual altitude gain to minimize altitude-related risks.

Q: What are the symptoms of altitude sickness?

Common symptoms include headache, fatigue, dizziness, nausea, loss of appetite, and difficulty sleeping. Guides monitor participants closely throughout the journey.

Q: Are guides trained for altitude emergencies?

Yes. Professional guides are experienced in high-altitude trekking and climbing and are trained to recognize and manage altitude-related conditions.

Q: Is travel insurance required?

Comprehensive travel insurance covering high-altitude trekking, peak climbing, helicopter evacuation, medical treatment, and trip interruption is strongly recommended.

Q: What permits are required for Island Peak?

The expedition requires a climbing permit, Sagarmatha National Park Permit, and Khumbu Pasang Lhamu Rural Municipality Permit.

Q: What equipment is required for climbing?

Essential gear includes climbing boots, crampons, harness, helmet, ice axe, ascender, carabiners, sleeping bag, down jacket, and technical climbing clothing.

Q: Can climbing equipment be rented in Nepal?

Yes. Most technical climbing equipment can be rented in Kathmandu before departure.

Q: How cold does it get?

Temperatures vary by season and altitude. Summit night and higher elevations can experience temperatures well below freezing.

Q: Is there internet access during the trek?

Wi-Fi is available in many villages and lodges, although connections become slower and less reliable at higher elevations.

Q: Can I charge electronic devices?

Charging facilities are available in most lodges for an additional fee.

Q: Is mobile network coverage available?

Mobile coverage is available in many parts of the Everest region but becomes limited at higher elevations.

Q: What cultural experiences can I expect?

Travelers experience authentic Sherpa culture, Buddhist monasteries, prayer wheels, mani walls, prayer flags, local traditions, and mountain hospitality.

Q: What is special about Tengboche Monastery?

Tengboche Monastery is the largest and most important Buddhist monastery in the Khumbu region and a significant spiritual center for local communities.

Q: Will I visit Everest Base Camp during this expedition?

Depending on the specific itinerary variation, some Island Peak expeditions include Everest Base Camp and Kala Patthar before heading toward Chhukung and Island Peak.

Q: Is Island Peak safe?

With proper acclimatization, experienced guides, quality equipment, and favorable weather conditions, Island Peak is considered one of Nepal's safest and most accessible trekking peaks.

Q: What happens if bad weather prevents the summit attempt?

The reserve day is designed to accommodate weather delays. Safety decisions are always prioritized over summit objectives.

Q: Can beginners join this expedition?

Yes, motivated beginners with good fitness levels can successfully climb Island Peak when supported by experienced guides and proper preparation.

Q: Are porters included during the trek?

Yes. Porters are available to carry the majority of trekking equipment, allowing climbers to trek comfortably with a daypack.

Q: What wildlife might be seen during the trek?

Within Sagarmatha National Park, travelers may encounter Himalayan tahr, musk deer, colorful pheasants, snow pigeons, and other mountain wildlife.

Q: How far in advance should I book?

Booking several months in advance is recommended, especially during the peak spring and autumn climbing seasons.

Q: What makes Island Peak one of Nepal's best climbing adventures?

Island Peak offers the perfect combination of Everest-region trekking, Sherpa culture, high-altitude mountaineering, glacier travel, spectacular Himalayan scenery, and the achievement of standing atop a 6,000-meter Himalayan summit.

Q: Why choose Bridge Nepal Treks and Travels for the Island Peak Summit Expedition?

Bridge Nepal Treks and Travels provides experienced climbing guides, carefully designed acclimatization schedules, quality accommodations, professional logistics, personalized service, exceptional safety standards, and a commitment to delivering a successful and unforgettable Himalayan climbing experience.

- About The Trek

Bridge Nepal Treks & Travels
www.bridgenepaltreksandtravels.com

